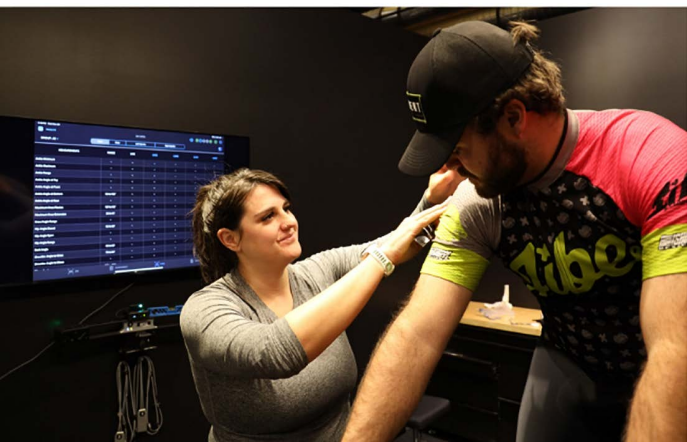


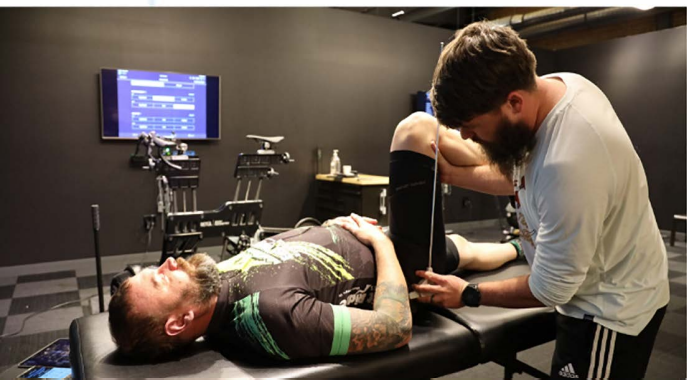
WHAT IS A RETÜL FIT?

A Retül bike fit uses advanced motion capture technology to analyze your riding position, optimizing comfort, power, and efficiency. Whether you're preventing injury or improving performance, a Retül fit ensures your bike is perfectly tailored to you for the best possible ride.



Who Would Benefit from a Retül Fit?

Everyone! A Retül Fit is ideal for anyone who wants to ride more comfortably, efficiently, or pain-free. If you're getting a new bike, recovering from injury, or aiming to improve performance.



RETÜL FIT: \$350

- Get the perfect fit on your road, gravel, or triathlon bike!
- We have both male and female fitters available.
- The full fit takes about 3 hours
- All fit measurements will be transferred to your bike

DID YOU KNOW fits are specific to the geometry of each bike!
New bike? New measurements!

MEMBER REWARDS

Every time you shop with us, you earn rewards! For every \$100 you spend, you'll get a \$10 reward for your next visit. Treat yourself to a Retül fit for \$350? That's \$30 in your account! Score a new \$1500 bike? That's a whopping \$150 to spend on gear, accessories, or anything else you love! The more you shop, the more you save — it's our way of saying thanks!

Address

Square Shopping Center, 3500 S College Ave Suite 178, Fort Collins, CO 80525

Phone

970-224-9114

E-mail

matt@rockymountainmultisport.com
dakota@rockymountainmultisport.com
kat@rockymountainmultisport.com

Website

www.rockymountainmultisport.com

Social Media

[@rocky.mtn.multisport](https://www.instagram.com/rocky.mtn.multisport)



SPECIALIZED

RETÜL FIT GUIDE



ABOUT OUR STUDIO

Our Retül Fit studio is equipped with state-of-the-art bike fitting technology—including the Retül Vantage motion capture system, an adjustable fit bike, and high-quality tools for precise adjustments. The environment is designed for comfort and focus, with plenty of room for dynamic assessment, a personalized consultation area where we can help you understand your data.



PROFESSIONAL FITTERS

Each of our fitters have been certified through the Retül Fit Certification program, which requires completion of hands-on training, mastery of advanced bike fitting techniques, and a thorough understanding of biomechanics and cycling-specific movement analysis.

Dakota Trout: Tri, Road/Gravel, MTB

Dakota has a thorough understanding of the needs of all cyclists from beginners to pros. He has raced in all disciplines for many years. Alongside being a bike mechanic for nearly two decades, he has been a Retül Fitter for many years, building upon his knowledge of the needs, both in terms of comfort and performance for riders of all abilities and disciplines.

Matt Murray: Road/Gravel

Matt graduated with a degree in Exercise Science from Colorado Mesa University and has since worked with athletes from beginners to experts in their field. His personal background in competitive swimming, ultra running, and cycling gives him a deep understanding of the athletes' mindset, and a passion for injury prevention.

Kat House: Road/Gravel

Kathryn House is a certified Retül bike fitter and accomplished endurance athlete, currently chasing medals from all seven World Marathon Majors. She brings a deep understanding of running, swimming, and cycling—both on the road and on Zwift—to every fit. Her athlete-first approach ensures comfort, performance, and efficiency for every rider.

WHAT TO EXPECT DURING A RETÜL FIT:

- 1) Rider Interview** – We start by learning about your riding history, goals, and any pain or discomfort.
- 2) Body Assessment** – A thorough mobility and flexibility check helps us understand how your body moves.
- 3) 3D Motion Capture** – Using Retül's cutting-edge tech, we track your movement in real time as you ride.
- 4) Precision Adjustments** – Based on your data and your bike, we dial in your position—from saddle height to cleat placement—for optimal comfort and performance.
- 5) Before & After** – See the difference with a side-by-side data comparison of your fit.
- 6) Personal Fit Report** – You'll leave with a detailed report and the confidence to ride stronger, longer, and pain-free.
- 7) Bike Adjustment** – We will adjust your bike to match the measurements found during the fit.

